

## *Legacy Builders*

# *Resources for Senior Ministry*



### *Resources*

- Books
- Consultants
- DVD's
- Printed Resources
- Senior Agencies
- Tapes by Charles Swindoll
- Websites

*WPA C&MA*

*Disciplemaking Ministries*

### ***Legacy Builder's Commission***

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## Table of Contents

Page	Topic
4-6	Books on Senior Adults
7	Booklets on Senior Adults
8	Consultants
9	DVD's
10	Printed Resources
11	Senior Agencies
12	Tapes by Charles Swindoll
13-15	Websites: Sub-titles
13	End of Life
13	Fraud
13	Health Care
14	Marriage & Family
14-15	Senior Ministry Resources

## *Books on Senior Adults*

- After Loss: A Recovery Companion for Those Who Are Grieving - by Barbara Les Strang, Thomas Nelson 1991. Inspiring story of the struggles of Barbara and others with grief. She shares paths of trials through loss, despair and trials of triumphs to full recovery and new life.
- Aging Well - by James Fries, Addison-Wesley Publishing Co. 1989.
- As Our Years Increase - by Tim Stafford, Harper, 1989.
- Between Parents and Grandparents - by Arther Kornhaber, St. Martin's Press, 1986.
- Can Mom Live Alone - by Vivian Carlin, Lexington Books, 1991.
- Caring For Your Aging Parents: When Love is Not Enough - by Barbara Deanne, NavPress, 1989 (276 pages).
- Counselors, Comforters, & Friends: Establishing a Care-giving Ministry in Your Church by Shelly Chapin, Victor Books, 1992 (162 pages), This is an excellent book on setting up a care giving ministry for seniors.
- From Success to Significance - by Lloyd Reeb, Zondervan, 2004 (190 pages).
- Good Grief, A Guide for Recovering From the Death of a Loved One - by Granger Westberg, Fortress Press, 1986. A basic grief recovery resource.
- Halftime: Changing Your Game Plan from Success to Significance - by Bob Buford, Zondervan, 1997
- Healing for Damaged Emotions - by David Seamands, Victor Books 1992 (237 pages). Seamonds book contains

about 20 pages dealing with depression.

- Helping People Through Grief by Delores Kuenning, Bethany House, 1987 (264 pages). Sensitive guide to help you know how and when to share your concern with people in crisis and pain.
- Living Well With Chronic Illness - by Marcia Van't Land, Harold Shaw Publishers, 1994 (275 pages).
- Nursing Home Ministry: Where Hidden Treasures Are Found by Bill Goodrich and Tim McClrmick, Morris Publishing, 2003 (258 pages).
- Promises for Grandparents - Harold Shaw Publishers, 1990 (90 pages, Pocketpac Series). The promises are simply Bible verses that bring comfort to seniors facing common problems.
- Recovery From Loss: A Personal Guide to the Grieving Process - by Lewis Tagliaferre and Gary Harbaugh, Health Communications, 1990 (190 pages). This book is excellent, but a little on the technical side and, therefore, not for the average reader.
- Redeeming Time - by Ted Engstrom, Harold Shaw Publishers, 1991 (47 pages). Eight Short bible studies on using time wisely.
- Remarried, Happily Ever After! By Dr. Timothy Starr, Xulon Press, 2009 (316).
- Say Yes to Old Age - by Alex Comfort, Crown Publishers, Inc. 1990.
- Senior Saints: Growing Older in God's Family - by James and Martha Reapsome, Harold Shaw Publishers, 1993 (77 pages). Twelve Bible Studies for older adults.
- The Grief Recovery handbook: A Step-by-Step Program for Moving Beyond Loss - by John James and Frank

Cherry, Harper Perennial, 1988 (175 pages).

- The Heart of a Grandparent: Investing Yourself In Your Grandchildren's Future - by Eric Wiggen, Harold Shaw Publishers, 1993 (265 pages).
- The Joys of Aging - by Martin Janis, Word Publishing, 1988.
- The Longevity Factor - by Lydia Bronte, Harper Collins Publishers, 1993 (409 pages). Study of 150 people between the ages of 65 and 102 who continues working by choice and the work patterns they followed.
- The Sandwich Years: When Your Kids Need Friends and Your Parents Need Parenting - by Dennis and Ruth Gibson, Baker Book House, 1991.
- When Our Parents Need Us Most - by David McKenna, Harold Shaw Publishers, 1994 (125 pages).
- When Your Friend is Grieving - by Paula D'Arcy, Harold Shaw Publishers, 1990 (100 pages). A guide as to what to do and what not to do when a friend is grieving.
- When Your Friend Gets Cancer - by Amy Harwell, Harold Shaw Publishers, 1987 (112 pages).
- Why Us? When Bad Things Happen to God's People - by Warren Wiersbe, Revell Press, 1984.
- Wise Counsel: Skills for Lay Counseling - by John Drakeford and Claude King, LifeWay, 1988 (224 pages). Wise Counsel has three or four chapters that are helpful in training seniors to counsel seniors.

## *Booklets on Senior Adults*

- Comfort for Times of Loss - RBC Ministries, PO Box 2222, Grand Rapids, MI 49501-2222, 2004.
- Comfort for When Life Hurts - RBC Ministries, PO Box 2222, Grand Rapids, MI 49501-2222, 2004.
- Finding Your Way After the Death of a Spouse - CareNotes, Abbey Press, St. Merinrad, IN 47577 (8 pages).
- Finishing Well - RBC Ministries, PO Box 2222, Grand Rapids, MI 49501-2222, 2004.
- Grief Is A Process Not An Event - For widows and widowers. After Loss, Harbor House West Publishers CA, 1-800-423-8811 (16 pages).
- Grieving the Loss of Your Parent - CareNotes, Abbey Press, St. Merinrad, IN 47577 (8 pages).
- Letting Tears Bring Healing and Renewal - CareNotes, Abbey Press, St. Merinrad, IN 47577 (8 pages).
- Walking With God Through Grief and Loss - CareNotes, Abbey Press, St. Merinrad, IN 47577 (8 pages).
- When You Feel Like Running Away - RBC Ministries, PO Box 2222, Grand Rapids, MI 49501-2222, 2004.

## *Consultants*

- Dr. Charles Arn - Church Growth, Inc. Monrovia, CA.  
Email: Charles.Arn@ChurchGrowth.net
- Paul Chervenak - Vision New England, Nashua, NH.  
Email: paul50@aspi.net
- Dr. Timothy Starr - Senior in Action, Auora, Ontario, Canada. Email: tstarr@aci.on.ca
- Dr. Ward Tanneberg - Christian Association Serving Adult Ministries, Seattle, WA. Email: Wardtanneberg@gmail.com
- Rev. John Thill - Re-Generational Ministries, Pasadena, CA. john.thill@att.net

## **DVD's**

- God's Design for Highly Healthy People - Significant Living Seminar, Dr. Watt. Website: [www.significantliving.org](http://www.significantliving.org), on-line store.
- GPS: God's Plan for Significance - Financial Security DVD and book, Jerry and Shirley Rose
- Leaving an Honorable Legacy - Significant Living Seminar, Cheryl Kuba. Website: [www.significantliving.org](http://www.significantliving.org), on-line store.
- Live Long, Live Well - Significant Living Seminar, Rev. Percy McCray. Website: [www.significantliving.org](http://www.significantliving.org), on-line store.
- Navigating the Journey of Aging Parents - Significant Living Seminar, Cheryl Kuba. Website: [www.significantliving.org](http://www.significantliving.org), on-line store.
- Who Is Teaching You to Age - Significant Living Seminar, John Thill. Website: [www.significantliving.org](http://www.significantliving.org), on-line store.

## *Printed Resources*

- Pass It On - 70 leaders of senior groups share their best programs. Editor: Dr. Timothy Starr, Christian Seniors in Action, 104 Ladbroke Grove, Louisville, KY 40223. Email: [tsstarr@aci.on.ca](mailto:tsstarr@aci.on.ca).
- Seniors in Action - A "How To Do It Guide." Editor: Dr. Timothy Starr, Christian Seniors in Action, 104 Ladbroke Grove, Louisville, KY 40223. Email: [tsstarr@aci.on.ca](mailto:tsstarr@aci.on.ca).
- Seniors Serving Seniors - Manual to assist in your ministry to adults in the second half of life. Editor: Dr. Timothy Starr, Christian Seniors in Action, 104 Ladbroke Grove, Louisville, KY 40223. Email: [tsstarr@aci.on.ca](mailto:tsstarr@aci.on.ca).
- The Third Age in Action - 100 programs, 20 pages of anecdotes, 20 [ages of readings, 20 recipes for refreshments. Editor: Dr. Timothy Starr, Christian Seniors in Action, 104 Ladbroke Grove, Louisville, KY 40223. Email: [tsstarr@aci.on.ca](mailto:tsstarr@aci.on.ca).

## Senior Agencies

1. Administration on Aging - Website: [www.aoa.gov](http://www.aoa.gov)
2. Center for Bioethics and human Dignity - Website: [www.cbhd.org](http://www.cbhd.org).
3. Elderhostel, Inc - Website: [www.wxploritas.org](http://www.wxploritas.org).
4. Locate an assisted-living residence in your area - Website: [www.alfa.org](http://www.alfa.org).
5. National Coalition on Aging - Website: [www.ncoa.org](http://www.ncoa.org).
6. National Institute on Aging - Website: [www.nia.nih.gov](http://www.nia.nih.gov).
7. PA Association of non-Profit Homes for the Aged - Website: [www.panpha.org](http://www.panpha.org).
8. Pennsylvania Department of Aging - Website: [www.aging.state.pa.us](http://www.aging.state.pa.us).
9. Senior Community Centers - Website: [www.paseniorecenters.org](http://www.paseniorecenters.org).

### *Tapes by Charles Swindoll*

- Don't Get Older...Get Better - Tape 155, 3/16/75.
- Filling the Shoes of Moses - Tape 202, 2/8/76.
- Five Tips for Staying Young - Tape 906, 11/12/89.
- How to Stay Out of Moth Balls - Tape 497, 10/18/81.
- Our Future Bodies - Tape 2/24/74.
- Sound Advice From An Old Rebel - Tape 339, 9/17/78.

To get a copy of these tapes go to the following website:  
[www.insight.org](http://www.insight.org).

## Websites

### End of Life Issues

- Aging With Dignity - Five Wishes Program, [www.agingwithdignity.org](http://www.agingwithdignity.org)

### Fraud

- Internet Fraud - [http://www.usa.gov/Citizen/Topics/Internet\\_Fraud.shtml](http://www.usa.gov/Citizen/Topics/Internet_Fraud.shtml)
- Internet Hoaxes - [www.hoaxbusters.org](http://www.hoaxbusters.org)

### Health Care

- Administration on aging, Long Term Care Ombudsman - [www.aoa.dhhs.gov](http://www.aoa.dhhs.gov).
- Basic medical information - [www.personalmd.com](http://www.personalmd.com).
- Information on health plans and MSAs - [www.goldenrule.com](http://www.goldenrule.com).
- Long term care in Pennsylvania - [www.longtermcare.stste.pa.us](http://www.longtermcare.stste.pa.us).
- National Association for Home Care - [www.hahc.org](http://www.hahc.org)
- Pennsylvania Department of Health - [www.health.state.pz.us](http://www.health.state.pz.us).
- Supplies or resources, including day care, senior centers and nursing homes - [www.careguide.com](http://www.careguide.com)
- Use this site to evaluate doctors and pricing structure - [www.healthmarket.com](http://www.healthmarket.com).

## **Marriage & Family**

- Family Dynamics Institute - [www.familydynamics.net](http://www.familydynamics.net).
- Family Matters - [www.familymatters.net](http://www.familymatters.net).
- Marriage Alive International, Inc. - [www.marriagealive.com](http://www.marriagealive.com).
- Marriage Vine, Helping Marriages Remain in the Vine - [www.marriagevine.com](http://www.marriagevine.com).
- Ministries Devoted to Marriage - [www.crossssearch.com](http://www.crossssearch.com)

## **Senior Ministry Resources**

- Christian Alternative to AARP - [www.significantliving.org](http://www.significantliving.org).
- Christian Association Serving Adult Ministries - [www.gocasa.org](http://www.gocasa.org).
- Christian Seniors Association Christian Alternative to AARP - [www.christiansenior.org](http://www.christiansenior.org).
- Click on the Midlife and Beyond button - [www.focusonthefamily.com](http://www.focusonthefamily.com).
- Contains all kinds of information from games and books to traveling performers and speakers. Great way to find new information for ministry - [www.lightlinks2000.com](http://www.lightlinks2000.com).
- Encouraging Active Seniors, by Dr. Timothy Starr - [www.buildingchurchleaders.com/downloads/buildingadultministries/encouragingactiveseniors/](http://www.buildingchurchleaders.com/downloads/buildingadultministries/encouragingactiveseniors/).
- Family Matters (video series “Grandparents More Than Rocking Chairs”) - [www.familymatters.net](http://www.familymatters.net).
- Finishers Project (senior ministry opportunities) - [www.finishers.org](http://www.finishers.org).
- Focus on the Family - [www.family.org](http://www.family.org).

- Information on Housing - [www.move.com](http://www.move.com)
- Lloyd Reeb Second Half of Life Planner - [www.successtosignificance.com](http://www.successtosignificance.com).
- Nursing Home Ministry resources - [www.godcaresministry.com](http://www.godcaresministry.com).
- Organizing a Senior Adult Ministry by Dr. Timothy Starr - [www.buildingchurchleaders.com/downloads/buildingadultministries/encouragingactiveseniors/](http://www.buildingchurchleaders.com/downloads/buildingadultministries/encouragingactiveseniors/).
- Peggies Place - [www.peggiesplace.com/seniors](http://www.peggiesplace.com/seniors).
- Provides Access to and education about computer technology and the internet - [www.seniornet.org](http://www.seniornet.org).
- Retirement Planning Tips - [www.retireonyourterms.org](http://www.retireonyourterms.org).
- Senior Evangelism Partnership - [www.seniorevangelism.org](http://www.seniorevangelism.org).
- Senior Lifestyle Magazine - [www.seniorlifestyle.org](http://www.seniorlifestyle.org).
- Senior Links - [www.seniorjournal.com/seniorlinks.htm](http://www.seniorjournal.com/seniorlinks.htm)
- Sonshine Society - [www.sonshinesociety.org](http://www.sonshinesociety.org).
- This is a network of over 300 organizations. They have listings of different organizations, devotionals, resources to purchase and newsletters. There are many good ideas and resources on this site - <http://www.gospel.com>.
- This website is a secular site and contains lots of helpful information about government help for senior adults, health issues, insurance issues and many other issues that seniors are facing - [www.seniorliving.about.com](http://www.seniorliving.about.com).

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